

Houston Tattoo Removal Clinic

Post Treatment Skin Care

Post treatment care instructions should be followed throughout the course of your treatment. Failure to follow these instructions may lead to adverse effects such as scarring.

What should be avoided before and after laser treatment?

Sun exposure to the treated area should be avoided. The laser treated area should not be exposed directly to the sun during the entire treatment session. A suntan will increase the pigment content of your skin and thereby decreasing the effectiveness of the treatment. A sunscreen of SPF 15 or higher is recommended and should be applied whenever the treated area is exposed to sunlight. Sunscreen is used when the red discoloration disappears and the area has healed. During the healing process, if exposed to sunlight, antibiotic ointment should be applied the laser treated area and a dressing should be worn to protect the area.

Care of the Laser Treated Area:

Immediately following the laser treatment, the area will become a whitish/gray or red discoloration and with the tattoo treatment, pinpoint bleeding may occur. This discoloration will change and lighten over a period of 7-14 days as it heals. The treated area must be treated delicately during this time.

Recommended Care:

1. Do not rub, scratch or pick at the laser treated area.
2. Avoid pressure from tight clothes.
3. Avoid rubbing the treated area with a face cloth or sponge. Gently pat the area dry promptly after washing.
4. Avoid contact sports or excessive sweating during the healing process when the area is a reddish/purple discoloration.

When the discoloration disappears and the healing is completed, the laser treated area may not have lightened much. It will take a few weeks after the discoloration disappears before the treated area start to lighten or you can notice and improvement.

What Can I use if Discomfort Occurs Following My Laser Treatment?

1. Ice, wrapped in a soft cloth, may be applied to the treated area to reduce discomfort of any swelling that may occur.
2. Apply triple antibiotic ointment two times a day.
3. Tylenol may also be taken.

What Can I do To the Laser Treated Area If a Blister Develops?

Blisters may develop in the first several days and can last 7-14 days

1. Ice, wrapped in a soft cloth, may be applied to the treated area to reduce discomfort.
2. Call the physician if the area opens and looks infected (Pus).
3. Apply a non-adherent dressing if there is a chance of injury of rubbing to the treated area.
4. Makeup, harsh soaps and shaving is not recommended, they may damage the area.

Do I Have To Put A Dressing Over The Treated Area?

Dressings are applied if there is a chance of rubbing or injury to the treated area. Make sure the tape that is holding down the dressing doesn't come in contact with the treated area.